

## Board Meeting -2

The second meeting of the Board of Directors was held on August 3rd via an online conferencing platform, with participation from 10 board members.

## Ithu Namma Boomi

On August 9, at Elliotts Beach, Rotary International District 3233 officially launched its cloth bag initiative in the esteemed presence of representatives from 23 Rotary clubs across the city. The event was organized in conjunction with the “Plastic Bag Free Awareness Walk” at Besant Nagar Beach, with the goal of promoting environmental sustainability.

From our club, **President Rtn. Dr. Ashok, Secretary Rtn. Shivanram, Annette President Ojeshvi, and Annette Secretary Kavya** participated in the event. A photograph of Dr. Ashok was featured in both Tamil and English newspapers.

The event commenced at 8:00 AM and concluded by 9:00 AM. Following the event, the RCR team spent some time at the beach and enjoyed breakfast at Murugan Idly. Later, Rtn. Dr. Ashok and Rtn. Shivanram ensured the safe drop-off of the Annette team members at their homes.



### Rotary cloth bag launched

On August 9 at Elliotts Beach, Rotary International District 3233 launched its cloth bag in the presence of 23 Rotary clubs in the city that were taking part in 'Plastic Bag Free Awareness

ing over one lakh cloth bags through the Rotary's Environment Protection Team headed by Rtn. R. Balasubramanian. The awareness walk started at 8:00 AM and ended at 9:00 AM.

friendly bags. The awareness walk was flagged off and led by Rtn. D. Devidran, Rotary District Governor, R.I. District 3233 and several dignitaries participated. Rtn. R. Balasubramanian, Director - Environment Protection, R.I. District 3233 chaired the event.

## Heritage Hunt Car Rally

The District team conducted the **Heritage Hunt Car Rally** on August 10 at Gurunanak College, Velachery.

Our club was well represented with three enthusiastic teams:

- Team 1: Rtn. Dr. Ashok, Rtn. Shivanram, Ann Sowmya and Ann Niranchana
- Team 2: Rtn. Padma, Ann Prabhu, Ann Subhashini and Rtn. Sudha
- Team 3: Rtn. Shashi, Ann Suresh, Ant. Suraj, Ant. Sonam and Ant. Reyaansh

The rally was flagged off by actor **Ganesh Venkatram**, adding a touch of glamour to the event. Participants were given clues to identify various locations and were required to maintain a specific speed limit while collecting signatures from rally organizers stationed at random checkpoints along the route.



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The rally concluded around 12 PM, with **Rtn. Shashi's** team winning a prize in the Family Participation category. It was an enjoyable and engaging experience for all, marking a first-time rally adventure for many Rotarians in our club.



The Fellowship of Music-Loving Rotarians entertained the audience with their vibrant performance. **District Governor Rtn. Devendran** officially released the book "அறியணை அரங்கம்", a comprehensive guide that outlines the detailed points system to assist clubs in competing for the Best Club Award.



## Annual Scholarship Award

**Rtn. Vasu's son, Kishore Kumar**, has instituted an annual endowment of ₹20,000 each for the top three achievers in the XII Standard final examination of two schools (Tranquebar & Pannaikadu). As per his guidelines, no function is organised by RCR or the Trust, and the cash awards have already been transferred to the students' bank accounts. Certificates were distributed on Independence Day.



## Movie Day

As part of the RCR Club Assembly, members came together on 17th August for a delightful Movie Day, attending the 12:30 PM screening of **Coolie**, starring **Rajinikanth**. The film was thoroughly enjoyed by all.

After the screening, everyone headed to a nearby hotel to enjoy **snacks, coffee**, and cheerful conversations. The warm camaraderie and shared laughter made it a truly memorable day, **filled with fun, friendship, and meaningful connections**.



## LEAD / Flag Exchange

Members of the RCR team participated in the LEAD program organized by our District 3233. The event was graced by the presence of Rotary International President **Rtn. Francesco Arezzo** and was attended by over 10,000 Rotarians.

During the event, **Rtn. Reji** facilitated a connection between our President and Secretary and a Sri Lanka-based club for a flag exchange. We successfully exchanged flags with the Rotary Clubs of Colombo North, Colombo Midtown, and RC Nallur.



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**Rtn. Vijayanaryanan** from our sister club, RC Thiruvallur Royals, also participated in the flag exchange program alongside our team.

**Rtn. G. Saravanan**, was part of the core team responsible for welcoming VIPs at the event. He had the opportunity to meet actor Kamal Haasan and spent some time interacting with him.



## Meeting with RI President

The District team organized an exclusive meeting with **RI President Rtn. Francesco Arezzo** for club Presidents and Secretaries across the district. During the event, several Rotarians were recognized for their contributions to The Rotary Foundation (TRF).

We are proud to share that our President **Rtn Dr Ashok** was recognized as a **Paul Harris Fellow (PHF)** this year and received the honor from RI President **Rtn. Arezzo** and District Governor **Rtn. Devendran**.





# n e w s l e t t e r

## Annette Club Assembly

The Annette's Meet, held on 10th September at VR Mall, was a vibrant and joy-filled event that brought our Annettes together for a memorable day of connection and fun. Thoughtfully organized and seamlessly executed by Annette President **Ojesvi** and Secretary **Kavya**, the gathering was a true celebration of togetherness.



The day began at the energetic Games Zone, where the group enjoyed a wide range of activities — from bumper cars and arcade games to a thrilling VR experience. Laughter echoed through the venue as everyone participated in friendly challenges and celebrated small victories.

The fun continued with a sumptuous high tea at the Food Court, offering a delicious spread of delicacies that added the perfect finishing touch to the afternoon.



Eight Annettes took part in this wonderful event, which was filled with togetherness, joy, and unforgettable memories. The smiles, shared laughter, and moments captured made it a day to remember!



## Brain and Mind for Your Growth

On 4th August 2025, “**Brain and Mind for Your Growth**” was conducted at **CSDAV** by **Rotarian Sivaraman**. The session was insightful, practical, and thought-provoking, leaving participants with lessons that will last well beyond the day.

Sivaraman explained familiar ideas — repetition, habit-building, and self-awareness — in simple yet powerful ways, showing how deeply they shape our lives. He emphasized that goals are meaningless without effective learning, and reminded us that true success requires both achievement and strong values.



The talk struck a balance between science and simplicity, with engaging facts about the brain presented in a relatable manner. It was not just informative but transformative, sparking reflection and conversations long after it ended.

The session was a reminder that real growth is not a one-time milestone, but a continuous journey of learning and character.



Thank you note by **Interactor Shruthi & Hasini** - Thank you for organizing the session “Brain and Mind for Your Growth” — it was a truly meaningful experience. Rotarian Sivaraman Sir delivered powerful insights using simple, relatable examples that made complex ideas easy to understand. His emphasis on habits, self-awareness, and the deeper purpose of learning gave us a fresh perspective on personal and academic growth. The session was engaging, thought-provoking, and left us reflecting on our values and approach to success. We're genuinely grateful to have attended, and the lessons shared will stay with us for a long time.



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